

SHORIN-RYU KARATE OF MEDFORD

ALL OKINAWAN/JAPANESE TRADITIONAL KARATE

TOURNAMENT

DATE & TIME Saturday, MARCH 6, 2010 at 9:00 am
PRE-REGISTRATION: Applications must be received by February 12, 2010
SEND APPLICATIONS TO:
Shorin -Ryu Karate 3316 Unit B Route 112 Medford, NY 11763
(631) 345-6311 Email Robs_karate@yahoo.com

Certified Checks or Money order only, payable to: **Shorin-Ryu Karate**, (ALL FEES ARE NON-REFUNDABLE)

PLACE: Saxton Middle School
121 Saxton Street
Patchogue, NY 11772

FEE: Pre-Registration -\$40.00 for 1 Event, \$50.00 for 2 &3 Events
Registration at Door - \$50.00 for 1 Event, \$60.00 for 2 &3 Events
Spectators fee \$10.00

ELIGIBILITY: This is an **Invitational Only Tournament**, please check with Tournament Director.

AWARDS: 1st through 3rd place will receive awards. **All Children under 17 will receive awards.**

REGISTRATION: 8:00 AM until 11:00 AM

ORDER OF EVENTS: **9AM SATURDAY** 1) OPENING CEREMONIES
2) ALL KOBUDO DIVISIONS
3) BLACK BELT KATA
4) ALL UNDERBELT CHILDREN (KATA & KUMITE)
5) ALL UNDERBELT ADULTS (KATA & KUMITE)
6) BLACK BELT KUMITE

DRESS CODE: **COMPETITORS**
€ No Jewelry during competition
€ Toe and finger nails **MUST** be trimmed short

REFEREES
€ White GI, with your respective belt. (**RENSHI BELTS WELCOME**)
€ White shirt, red tie, gray slacks and blue blazer

RULES AND REGULATIONS:

KATA:

All contestants must perform Okinawan or Japanese Kata
Beginner and intermediate contestants (10th Kyu to 4th Kyu) must use Pinan (Heian), Gekisai, Tioshi Shodan, Fukyugata, Taikyoku, etc.
All advanced contestants (3rd Kyu to Black Belt) may perform any Kata.

KUMITE:

Modified Rules. No contact is permitted to the head, face, neck, or groin, except for light contact to headgear in adult black belt division. **WKF**
Two minute, three points system (San-Bon).

EQUIPMENT:

MANDATORY: Protective headgear, Padded Kicking Boots, Padded hand gear, and Mouthpieces are required for all participants; Groin cups are required for males, and chest protectors for female participants. Safety glasses with a restraining band will be allowed. No other types of eyewear are acceptable in Kumite.

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NAME _____ PHONE (____) _____

ADDRESS _____ CITY _____ ST _____ ZIP _____

E-MAIL ADDRESS _____

AGE ____ SEX M__ F__ BELT COLOR/RANK _____ MONTHS/YRS. TRAINING _____

WEIGHT _____ HEIGHT _____ SENSEI NAME _____

DOJO NAME _____ PHONE (____) _____

ADDRESS _____ CITY _____ ST _____ ZIP _____

I wish to compete in: Kata Kumite Kobudo
Divisions: K-____ S-____ W-____

You can compete in 1 Kata, Kobudo & Kumite Division each

WAIVER

I hereby for myself, my executor (s), my heirs, forever and always agree to save and hold harmless Robert Rowley Sr., Kobayashi Shorin-Ryu Karate, and their officers, referees, judges, volunteers, Tournament Director, the facility owners, their respective officers and anyone else involved in the conduct of this tournament for any liability or injury I may sustain traveling to and from, participating in or other direct or indirect involvement in said Karate event I have entered. I recognize that traditional Karate is a dangerous sport and willingly participate in this event. In addition, I hereby now and forever, accept any and all responsibilities for any actions in conjunction with this event. Finally, I agree to allow, without compensation, the unrestricted use of any photographs, films or videotapes of myself being involved in this event in any way.

SIGNATURE _____ DATE _____

PARENT / GUARDIAN (UNDER 18) _____

MEDICAL RELEASE FORM

ANSWER ALL QUESTIONS IN FULL. FAILURE TO DO SO WILL DISQUALIFY YOU FROM THE TOURNAMENT
PLEASE CIRCLE ANY OF THESE CONDITIONS YOU HAVE A HISTORY OF:

HEART MURMUR
KIDNEY INJURY
TRAUMA (IN THE LAST 6 MONTHS)
BONE FRACTURE (IN LAST 6 MOS)
DRUG ALLERGIES
OTHER: (EXPLAIN)

CONCUSSION OR SEVERE HEAD
HYPERTENSION
BLEEDING DISORDERS
SEIZURES
DIABETES
NO MEDICAL PROBLEMS

SIGNATURE _____ DATE _____

PARENT OR GUARDIAN (UNDER 18 YEARS) _____

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COMPETITION RULES

One referee and two judges in Kumite.

Mouth guard, athletic supporter (men only) hand **safeties**, feet **safeties** and **headgear** are **mandatory**. Other safety equipment is highly recommended. **Adult Black Belts will use knuckle pads only.**

Matches will be a "2 Minute" time limit unless a contestant scores 3 points before that time. **Adult Black Belts Waza-Ari/Ippon.**

An IPPON (full point) will be awarded to a technique performed with good form, correct attitude, vigorous, application, zanshin (focus, remaining mind and spirit), proper timing and correct distance.

If the match ends in a draw, an "ENCHO-SEN" (extension match) will take place. The first contestant to score wins the match. *All penalties from the first 2 minutes (original match) will count in the extension match.*

Target areas are: chest, stomach, and back.

No contact to: the face, neck, throat, or head IN ALL KYU DIVISIONS! "Light touch to the headgear" is allowed in adult Black Belt divisions ONLY.

Excessive contact may result in a point awarded to the other contestant, or immediate **disqualification.**

Out of bounds penalties: 1st time: Warning; 2nd time: Half point will be awarded to the opposing contestant; 3rd time: full point to the opposing contestant; 4th time: *Disqualification.*

Any techniques that endanger the safety of an opponent (such as dangerous throws, fingertip strikes to the eyes, wild swings, etc.) may result in disqualification.

NO COACHING DURING THE MATCH!!! Coaching is only allowed before and after the match.

Scoring in Kata: *The highest and lowest scores are dropped. If a tie occurs, the lowest score will be included. If a tie still exists, the highest score will be included. Finally, if still tied, contestants must perform different Kata.*

THERE WILL ONLY BE ALLOWED THREE (3) KIAI IN ALL EMPTY HAND AND WEAPON FORMS.

4 yrs & under	K1/S1	11 yrs & Under Beginner	W1
		11 yrs & Under Intermediate	W2
5-7 yrs Beginner	K2/S2	11 yrs & Under Advanced	W3
5-7 yrs Intermediate	K3/S3		
5-7 yrs Advanced	K4/S4	11-13 Black Belt	W4
8-10 yrs Beginner	K5/S5	12-17 yrs Beginner	W5
8-10 yrs Intermediate	K6/S6	12-17 yrs Intermediate	W6
8-10 yrs Advance	K7/S7	12-17 yrs Advanced	W7
Boys		14-17 Black Belt	W8
11-13yrs Beginner Boys	K8/S8		
11-13 yrs Intermediate Boys	K9/S9	Adult Beginner	W9
11-13 yrs Advanced Boys	K10/S10	Adult Intermediate	W10
11-13 yrs Black Belt Boys	K11/S11	Adult Advanced	W11
Girls		Black Belt 18-34	W12
11-13 yrs Beginner Girls	K8/S12	Black Belt 35 & over	W13
11-13 yrs Intermediate Girls	K9/S13		
11-13 yrs Advanced Girls	K10/S14		
11-13 yrs Black Belts Girls	K11/S15		
Boys			
14-17 yrs Beginner Boys	K12/S16		
14-17 yrs Intermediate Boys	K13/S17		
14-17 yrs Advanced Boys	K14/S18		
14-17 yrs Black Belt Boys	K15/S19		
Girls			
14-17 yrs Beginner Girls	K12/S20		
14-17 yrs Intermediate Girls	K13/S21		
14-17 yrs Advanced Girls	K14/S22		
14-17 yrs Black Belt Girls	K15/S23		
Adult Kata/Kumite 18-34 years			
Women's Beginner	K16/S24		
Women's Intermediate	K17/S25		
Women's Advanced	K18/S26		
Men's Beginner	K19/S27		
Men's Intermediate	K20/S28		
Men's Advanced	K21/S29		
Women's Black Belt	K22/S30		
Men's Black Belt			
Okinawan	K23/S31		
Japanese	K24/S31		
Hard Style Black Belt	K25/S32		
45 & over Black Belt	K26/S33		

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Dear Sensei:

I would like to invite you and your students to The Second Annual Traditional Friendship Tournament . This tournament will begin Saturday, March 6, 2010 with registration beginning at 8 a.m. and competition to begin at 9:00 a.m. sharp. The tournament will be held in the gymnasium of Saxton Middle School located at 121 Saxton Street Patchogue NY 11772. Please be on time, as the tournament will begin at 9:30 a.m. with Opening Ceremonies leading into Weapons competition followed by all children's divisions. We are all very excited about this year's tournament. With your support, we have every confidence that this year will be better than ever.

Enclosed you will find all relevant information and registration forms for your students. Please make extra copies as needed. Pre-registration is recommended. If you plan to attend personally, I invite your participation as a tournament judge (All Judges must wear their Gi and respective Belt). If you have any questions, please call me at (631) 345-6311 (Dojo) or you may email me at: robs_karate@yahoo.com. For your convenience, you may fax completed registration forms to (631) 345-6311. We look forward to seeing you there.

Very truly yours,

Robert Rowley Sr.
Tournament Director